

2024 Benefits Update



Mark Your Calendar

You can enroll **August 1 – August 23** to make changes to your benefits and add or drop dependents from your coverage.

You must now enroll online via the benefits supersite (www.mybensite.com/losrios)!

Please be sure to read the **benefits guide** for coverage updates and enrollment information. Review your options carefully, so you can make informed decisions.

Our benefit programs are a valuable addition to your compensation. Make sure to get the most of them by taking the time to understand all your options and picking the best coverage(s) for you and your family.

Adjunct Open Enrollment starts **August 1, 2024** for coverage effective September 1, 2024!

The deadline to make any changes or enroll in coverage is **Friday, August 23rd, 2024**.

Los Rios wants to make sure you have all the information you need to make the best coverage decisions for you and your family. Please review all coverage offerings to make informed choices.

- **ELIGIBILITY:** You can enroll in Los Rios medical and dental benefits if:
 - You worked 2 of the last 5 semesters (not including summer session) with a minimum of 30% of full time (0.30 FTE or 4.5 formula hours).
 - You have an approved & processed Tentative Class Schedule (TCS) in place by August 23rd, 2024 for an assignment of at least 30% of full time (0.30 FTE or 4.5 formula hours).
 - You do not have other group medical or dental coverage.
- **IMPORTANT:** Refer to the [Adjunct Benefit website](#) for additional important information regarding eligibility and premiums.
- **PREMIUMS:** Go to the [Premium Calculator](#) to calculate your monthly premium based on your fall 2024 FTE. Your TCS in place as of August 23, 2024 is used to determine your contribution toward benefit premiums for the fall 2024 semester.

HOW TO ENROLL

- Review to your [Adjunct Benefit Guide](#)
- Please visit www.mybensite.com/losrios or Employee Self Service (ESS) for direct access (*please note that Google Chrome is the preferred browser for this site.*) Upon doing so, you'll have access to: step-by-step enrollment guidance, add and manage covered dependents, review and submit final elections, and print your Benefit Confirmation Statement (BCS) for your records.
- Please reach out to Employee Benefits by email at Benefits@losrios.edu with any questions. Please do so prior to the August 23rd deadline so that we have sufficient time to provide assistance prior to the close of the enrollment period.

IF YOU DON'T ENROLL

NO ACTION IS REQUIRED if you are satisfied with your current elections. Your current benefits will continue for the 2024-25 plan year, as long as you retain eligibility. However, we recommend that you visit the benefits enrollment supersite and review and update your information, if necessary, including dependent Social Security numbers. Your next opportunity to enroll or make changes, with the exception of mid-year qualifying events, will be during the spring enrollment.

HOW TO WAIVE COVERAGE

To waive coverage, simply log into the benefits supersite (www.mybensite.com/losrios) and waive coverage for the upcoming enrollment period by unselecting the check boxes in the Medical and/or dental section that correspond to you and your dependents, if applicable.

DO YOU ALSO TEACH AT SIERRA COLLEGE?

If you are eligible for adjunct faculty benefits and you also teach at Sierra College, you may include such courses to qualify for the full district contribution toward your Los Rios medical benefits provided the combined workload is equal to or greater than 40% of full time.

If you're eligible and would like to participate in the Joint District Medical Insurance Program, you must complete the Request for Inclusion of Sierra FTE within the benefits supersite by **Friday, August 23rd**.

ARE YOU NOT ELIGIBLE FOR LOS RIOS ADJUNCT FACULTY BENEFITS BUT HAVE A TEACHING ASSIGNMENT AT ANOTHER CALIFORNIA COMMUNITY COLLEGE?

Qualifying multi-district faculty members are eligible for reimbursement of a portion of their paid medical health insurance premiums. Refer to the [Multi-District Part-Time Faculty Health Insurance Reimbursement Program](#) for eligibility criteria, submission requirements, and deadlines.

Employee Benefits Department

When you need help, have questions or want to learn more:



<https://employees.losrios.edu/benefits>



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