

# Open Enrollment Starts Today!

## April 26 - May 21



**Open Enrollment has arrived!** The deadline to make any changes to coverage is Friday, May 21st. Original signature open enrollment forms must be postmarked by May 21st and mailed to:

LRCCD - Employee Benefits  
Attention: Kris Kurk  
1919 Spanos Court  
Sacramento, CA 95825

If you do not wish to make any changes, you do not have to take action, and your current health benefits will continue for the 2021-2022 plan year (unless you experience a mid-year qualifying event).

You can review the full 2021-22 Retiree Benefits Guide or obtain any necessary forms on our website: [Retiree Benefits | Los Rios Community College District](#).

In addition, we are requesting current email addresses from all of our retirees to help facilitate future electronic communications from the Employee Benefits Department. This can be provided by simply sending an email to [retirees@losrios.edu](mailto:retirees@losrios.edu). Please ensure that your first and last name is included within the email.

### 2021-22 Monthly Premiums

Plan	Premium w/o District Contribution	Premium with District Contribution
Kaiser HMO	\$1,429.07	\$1,123.07
Kaiser DHMO	\$1,340.08	\$1,034.08
Kaiser HDHP	\$ 998.67	\$ 692.67
Kaiser Senior Advantage	\$ 250.97	\$ -55.03
Sutter Health Plus HMO	\$ 729.70	\$ 423.07
Sutter Health HDHP	\$ 600.30	\$ 294.30
Western Health Advantage HMO	\$ 710.14	\$ 376.44
Western Health Advantage HDHP	\$ 539.84	\$ 233.84
United Healthcare Medicare Advantage HMO	\$ 547.41	\$ 241.41
United Healthcare Medicare Advantage PPO	\$ 598.39	\$ 292.39
Health Net	\$ 526.27	\$ 220.27

If you have any questions about open enrollment, please contact the Employee Benefits Department at [retirees@losrios.edu](mailto:retirees@losrios.edu) or at (916) 568-3060.