

ATHLETIC TRAINER

DEFINITION

Under general direction, provides for an effective and efficient program of first aid, emergency care, injury prevention, athletic training and preconditioning for athletes in intercollegiate sports activities.

TYPICAL DUTIES

Functions as liaison between physician, coaches, parents, student-athletes and administration. Arranges for and assists with pre-season physical examinations for all sports; and coordinates physical screenings to detect pre-existing conditions that would limit or prevent participation in intercollegiate athletics. Administers emergency care, treats acute, sub-acute and minor chronic disabilities, and/or refers injured student-athlete to physician; evaluates physical condition of injured athletes; advises, develops and implements programs for routine and corrective exercises; provides rehabilitation services for injured student-athletes; uses treatment modalities such as ultrasound, electrical stimulation, hydrotherapy and therapeutic exercise; and recognizes and manipulates conditions which require special taping, bracing or padding, either preventative or rehabilitative. Designs, develops and supervises conditioning and reconditioning/rehab programs. May assist in the selection and fitting of protective equipment. Arranges transportation as needed for injured athletes. Accompanies football team to all contests; serves as host athletic trainer for visiting teams; and attends home athletic events when scheduled. Maintains and operates the athletic training room. Maintains all student-athlete health records and maintains records for all the individual injuries and treatments of injured athletes. Prepares and oversees budget for medical and athletic training supplies and equipment. May oversee student interns in the Athletic Trainer program. Educates student athletes about generally accepted health and safety knowledge. Performs related duties as required.

QUALIFICATIONS

EXPERIENCE

Two years of experience as an athletic trainer.

EDUCATION

Bachelor's degree from an accredited institution. Current Athletic Trainer (ATC) and CPR certificates are required by the National Athletic Trainers Association Board of Certification (NATABOC).

SPECIAL REQUIREMENTS

Any offer of employment will be contingent upon the successful completion of a medical evaluation.

KNOWLEDGE OF

Knowledge of principles of human anatomy, physiology, kinesiology and biomechanics; preventative athletic training techniques; symptoms of various athletic injuries and applicable treatment and First Aid methods; and the information and techniques needed to evaluate and treat injuries, diseases, and deformities. Knowledge of the information and techniques needed to rehabilitate physical ailments; and protective taping, padding and bracing techniques. Knowledge of principles and processes for providing personal services including needs assessment techniques, quality service, and alternative treatment methods. Knowledge of principles of supervision and training. Knowledge of record keeping principles and procedures.

SKILLS IN

Skill in identifying the nature of problems. Skill in knowing how to find and identify essential information. Skill in listening to what other people are saying and asking questions as appropriate; being aware of others' reactions and understanding why they react the way they do. Skill in using logic and analysis to identify the strengths and weaknesses of different approaches.

ABILITY TO (ESSENTIAL FUNCTIONS)

The ability to perform the essential functions of the position; sustain regular work attendance; work cooperatively and effectively with the public, students, faculty and staff; exercise initiative and mature judgment; work as a member of a team; and meet schedules and time lines. The ability to recognize unsafe conditions which may be hazardous to an athlete or the team. The ability to function efficiently and responsibly during emergency situations and to make life or death decisions if necessary. The ability to evaluate the seriousness of an injury and treat it in an appropriate manner; and administer first aid and cardiopulmonary resuscitation. The ability to apply and fit protective materials and equipment; and perform rehabilitation therapy. The ability to oversee and train assigned staff. The ability to listen to and understand information and ideas presented through spoken words and sentences; and communicate clearly and concisely, orally and in writing. The ability to combine separate pieces of information, or specific answers to problems, to form general rules or conclusions; and correctly follow a given rule or set of rules in order to arrange things or actions in a certain order. The ability to maintain records and prepare reports. The ability to multi-task as required.

Physical and Environmental Factors: The ability to exert muscle force repeatedly or continuously over time, involving endurance and resistance to muscle fatigue; exert one's self physically over long periods of time; use one's abdominal and lower back muscles to support part of the body repeatedly or continuously over time without fatiguing; do occasional heavy lifting; and bend, stretch, twist, or reach out with the body, arms, and/or legs. The ability to coordinate movements of two or more limbs together while sitting, standing, or lying down; quickly make coordinated movements of one hand, a hand together with its arm, or two hands to grasp, manipulate, or assemble objects; and make fast, simple, repeated movements of the fingers, hands, and wrists.

TYPICAL EQUIPMENT USED (May include, but not limited to)

Equipment which employs physical, chemical, and other properties of heat, light, water, electricity, sound, massage, and active, passive, and resistive exercise.