

COVID and the College

Thursday August 18, 2022

9:00 am to 10:30 am

2022 CRC Flex

Presenters:

Michelle Barkley, MS, BSN, PHN, RN, College Nurse Cosumnes River College

Joseph P. Iser, MD, DrPH, MSc, Medical Consultant

David Weinshilbom, Cosumnes River College English Professor

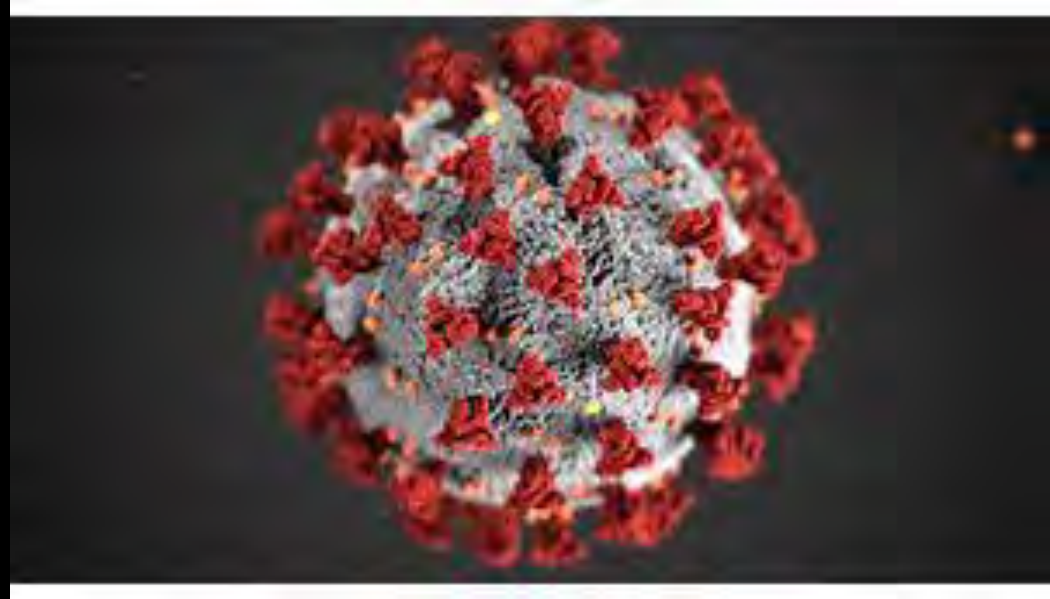
In this workshop we will learn about best practices, safety measures and updates on the Sacramento region's COVID situation as the fall semester begins. Public Health Expert Dr. Joseph Iser, CRC College Nurse Michelle Barkley and David Weinshilboum, vaccine ambassador for the county, will hold a conversation about on-campus best practices, vaccines, and regional resources.

Objectives

- Learn about current epidemic trends, surveillance methods and vaccine updates (Dr. Iser)
- Learn about Vaccine Ambassador Program for the county and hear personal story (David)
- Learn about what to do on campus and in the classroom, as well as current reporting protocols (Michelle)
- Have time for questions

Joseph P. Iser, MD, DrPH, MSc
Medical Consultant

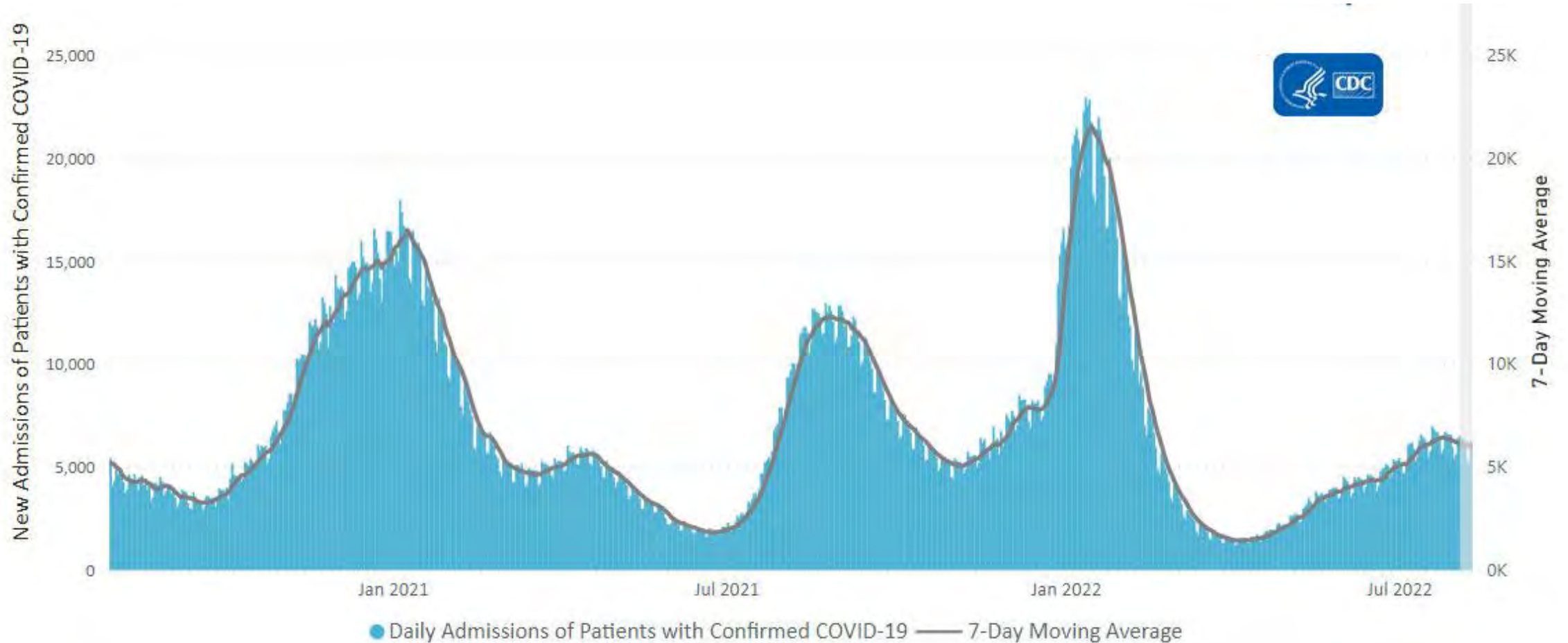
COVID-19



COVID-19 Counts

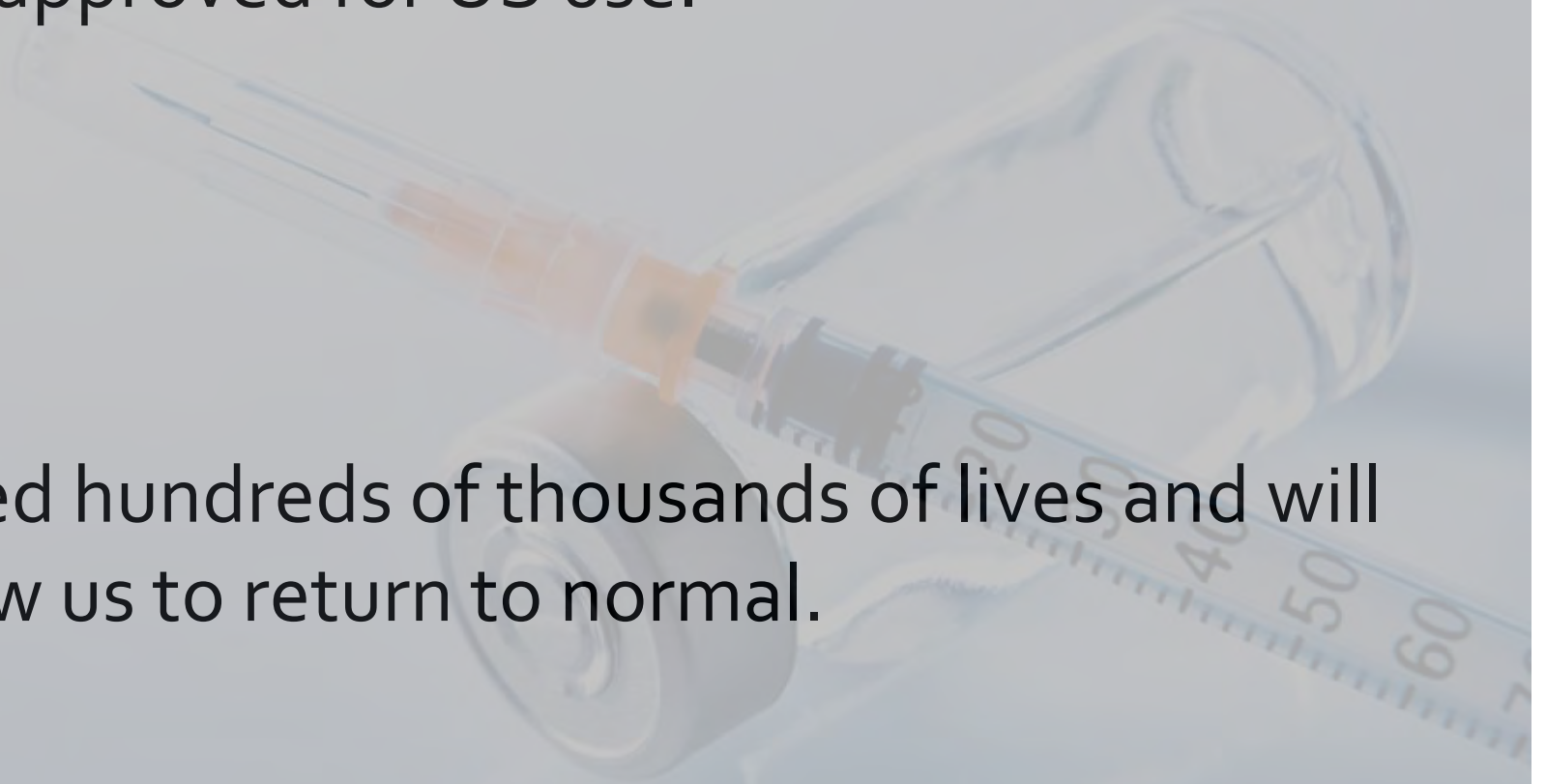
- Coronavirus Cases: **94,788,022**
- Deaths: **1,062,770** (still ~400 daily)
- Recovered: **90,035,472**

Hospitalizations



Vaccines

- There are four approved for US use.
 - Pfizer
 - Moderna
 - J&J
 - Novavax
- They have saved hundreds of thousands of lives and will eventually allow us to return to normal.



Variants

- Omicron BA 4
- Omicron BA 5
- [CDC COVID Data Tracker](#)

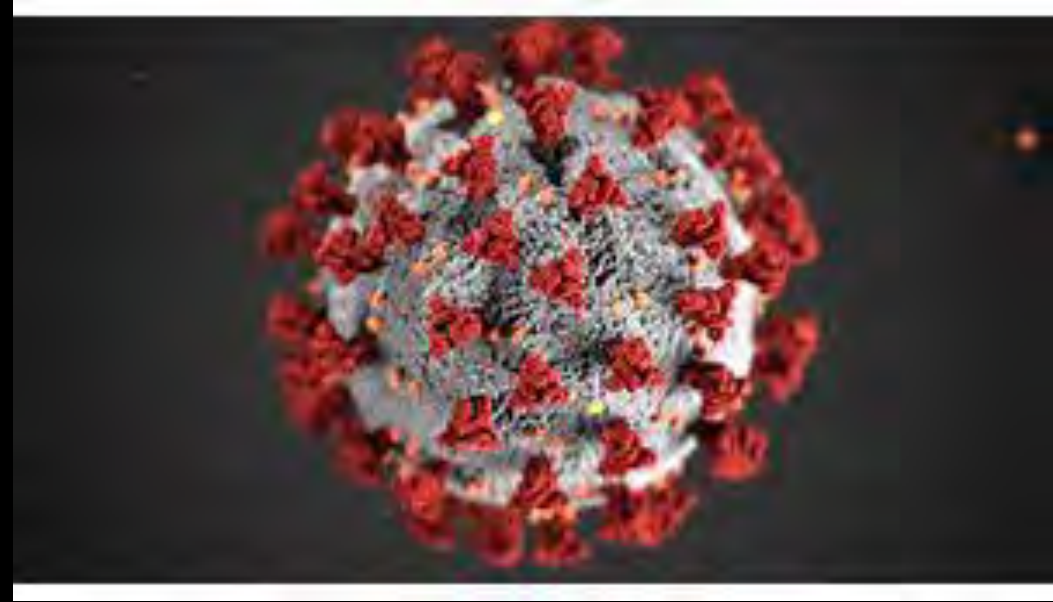
COVID-19
VARIANT

Data



David Weinshilboum,
Cosumnes River College English Professor
Vaccine Ambassador

COVID-19



Vaccine Aversion

- Concern due to historic abuse in past research (the Tuskegee Experiment)
- The speed with which vaccines were approved and administered
- Misinformation on social media and in media outlets



Henrietta Lacks



Boost yourself, family & community

Booster benefits:*

- Reduces chance of contracting COVID
- Significantly reduces hospitalization and death
- Good for the community

*based on research presented at the Center for Disease Control web site at [CDC.gov](https://www.cdc.gov)

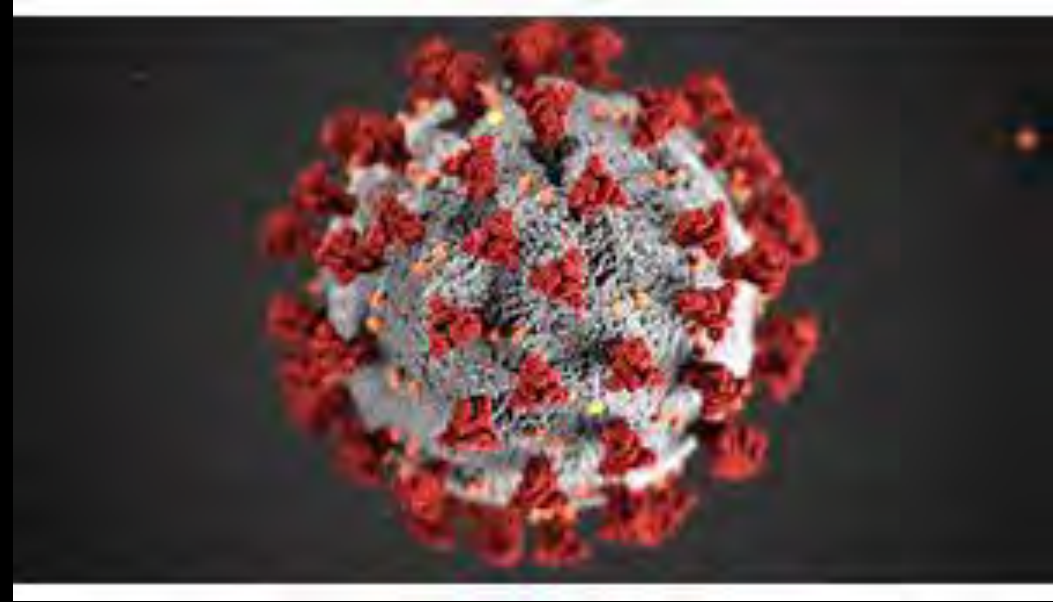
Regional Resources

- State web site [COVID19.ca.gov](https://www.covid19.ca.gov) provides info on labor laws, etc.
- Sacramento County offers lots of info on boosters, testing sites & regional COVID updates (saccounty.gov/COVID-19)
- As a vax ambassador, I'm happy to talk to you, too! (weinshd@crc.losrios.edu)



Michelle Barkley, MS, BSN, PHN, RN
College Nurse Cosumnes River College

COVID-19



What to do while on campus

- Process is constantly changing, the district website that has these updates.
- For employees: <https://employees.crc.losrios.edu/covid-19-updates/covid-19-updates>
- For students: <https://crc.losrios.edu/covid-19-updates/covid-19-updates>
- New definition of close contact/exposure has changed from “within 6 feet of COVID positive person” to “in the same room as COVID positive person for a cumulative of 15 minutes in a 24 hours period”.
- Exposures will need to wear a mask for 10 days.
- Antigen testing the preferred method. One free test box can be obtained for nonexempt students and employees and 3 month supply for those who have a district religious or medical exemption, from campus health and wellness services.

STUDENT HAS A POSITIVE COVID TEST OR REPORTS COVID SYMPTOMS

Instructor instructs the student to stay home and complete the Interactive Decision Chart for COVID online which gives the student next step instructions as well as has them complete an Appendix C.

Instructor Notifies their Dean

The Appendix C generates a notice to the COVID Response Team at covid@losrios.edu. The contact tracer contacts the student and completes the appendix C. Contact tracer reports back to the COVID Response Team, instructor and Dean with class exposure template if applicable and the students return to campus date (RTC).

Instructor sends a Student Exposure Notification Template to the class

Current reporting procedures

- Go to campus website and search for COVID then click on COVID-19 Updates
- For employees: <https://employees.crc.losrios.edu/covid-reporting-training-and-forms/covid-reporting-training-and-forms/covid-reporting-training-and-forms>
- For students: <https://employees.crc.losrios.edu/covid-reporting-training-and-forms/covid-reporting-training-and-forms/covid-reporting-training-and-forms>

COVID Reporting, Training, and Forms

[Home](#) > [Collegewide](#) > [COVID-19 Updates](#) > [COVID Reporting, Training, and Forms](#)

COVID-19 Updates

- Vaccination Requirement >
- > COVID Reporting, Training, and Forms
- COVID Cleaning Guidelines
- Reopening CRC

Due to the frequency of changes to COVID guidelines and updates to these documents, we ask that you bookmark this page and download the documents from this page each time you need to use them rather than saving a local copy to your computer for future use.

Reporting Forms

Interactive Decision Chart

This interactive form is for employees or students who have been exposed to COVID or received a positive COVID test result and need to know what to do next.

[INTERACTIVE DECISION CHART >](#)

COVID Reporting Form

Submit the COVID Reporting Form (Appendix C) if you tested positive for COVID-19 and you were on campus within 14 days prior to your positive test collection date.

[COVID REPORTING FORM >](#)

Notification Templates

- [Notification Templates for Employees \(DOCX\)](#)
- [Notification Templates for Students \(DOCX\)](#)
- [Employee Contact Tracing Notification Template \(DOCX\)](#)

Interactive Decision Chart for COVID Exposure or Positive Test Result

[Home](#) > [Campus Life](#) > [COVID-19 Updates](#) > [Forms](#) > [Interactive Decision Chart](#)

COVID-19 Updates

- Vaccination Requirement >
- Forms >
- > Interactive Decision Chart
- COVID Reporting Form (Appendix C)
- Reopening Los Rios
- Remote Campus Information for Students

Next Steps If You Test Positive for COVID or You Are Exposed to COVID

The following form is designed to help students or employees who have either tested positive for COVID-19 or been exposed (or potentially exposed) to COVID-19 understand what next steps they should take. The form takes just a few minutes to complete and does not collect any personal information.

Jump to [COVID Reporting Form Appendix C](#).

COVID Exposure/Test Result Information

What is your relationship to Los Rios? *

- I am an employee (including consultants and contract employees) or volunteer
- I am a student
- I am both a student and an employee

What is your situation? *

- I tested positive for COVID-19
- I was exposed or potentially exposed to someone with COVID-19
- I am experiencing COVID-19 symptoms but have not taken a test

[DONE](#)

Questions?

If you have questions about how to fill out this form or the results you receive after submitting the form, then please email covidtesting@commodation@losrios.edu or contact your supervisor (if you are an employee).

Resources

- US Postal Service free home antigen tests - <https://www.covid.gov/tests>
- Sacramento County Public Health - <https://www.saccounty.gov/COVID-19/Pages/default.aspx>
- Sacramento County Dashboard - <https://sac-epidemiology.maps.arcgis.com/apps/MapSeries/index.html?appid=e11bc926165742ab99f834079f618dad>
- California Department of Public Health (CDPH) Dashboard - https://public.tableau.com/app/profile/ca.open.data/viz/COVID-19CasesDashboardv2_o/CaseStatistics
- Centers for Disease Control Data Tracker- <https://covid.cdc.gov/covid-data-tracker/#datatracker-home>
- CDC definition of close contact - [https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#:~:text=Close%20Contact%20through%20proximity%20and,a%20total%20of%2015%20minutes\).](https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#:~:text=Close%20Contact%20through%20proximity%20and,a%20total%20of%2015%20minutes).)

Questions

Thank you for attending